

LA CANTINA

Order online: www.quickcliq.com.au
Canteen manager: Karen Boyle — 0400 800 936

Daily Recess Items — \$0.50 to \$2.00

Buy at the canteen counter at recess

Selection of fruit including apple slinky
Popcorn
Smoothies
2-3 choices of hot food and baked items

Daily dishes

MONDAY

Nachos \$5.00
veg, beef or chicken

Meatball sub \$5.00
Beef pie (HO) \$4.00

TUESDAY

Taco Box \$5.00
veg, beef or chicken
Chicken burger \$5.00

WEDNESDAY

Cheeseburger w/ salad (H) \$5.00
Party pie (HO) \$2.20

THURSDAY — PRE-PRIMARY CAN ORDER

Sausage roll (HO, GFO) \$3.70
Special custard cup \$1.00
add fruit + 50c
Sushi 5pc 10pc
chicken katsu, vege, tuna (GF) \$5.00 \$8.00
chicken teriyaki

FRIDAY

Pizza (GFO) \$4.00
veg, ham & pineapple, or ham & cheese

Homemade Pastas, Curry and Noodles

Available every day

Twista Bolognaise (H, GFO) \$5.00
Macaroni (H) \$5.00
Meatballs & pasta (H) \$5.00
Butter chicken & rice (GF) \$5.00
Chicken & veg noodles \$5.00
Lasagne \$5.00

Sandwiches, Rolls and Wraps — all GFO

Available every day

	Sandwich	Roll/Wrap
Vegemite	\$2.20	\$2.70
Salad	\$3.70	\$4.20
lettuce, tomato, cucumber & carrot		
Chicken	\$3.70	\$4.20
Ham	\$3.70	\$4.20
Cheese	\$3.70	\$4.20
Tuna	\$3.70	\$4.20
Egg	\$3.70	\$4.20
plain or curried		

ADD EXTRAS

Cheese, egg or salad (as above) \$1.00
Mayonnaise, tomato \$0.30
Tomato sauce \$0.50

Toasted Sandwiches — all GFO

Available every day

Cheese \$4.00
Ham & cheese \$4.50
Chicken & cheese \$4.50
Turkish chicken w/ sweet chilli & mayo \$5.00
Turkish tuna melt w/ sweet chilli & mayo \$5.00
Hot chicken roll w/ mayo \$4.20

Salad Boxes — all GF

Available every day

A delicious, fresh box of carrot, lettuce, tomato & cucumber,
plus your choice of protein:

Chicken, ham, tuna, egg or cheese \$5.00
Chicken tenderbite \$5.00
add extra tenderbite \$1.00
Fruit salad small \$3.50 large \$5.00

Drinks with lunch

Flavoured milk 300ml \$2.70
banana, strawberry, choc or choc yogo
Hilo Milk 225ml \$2.00
Hilo Milk w/ Sippah Straw \$2.70
Water \$2.00
Juice \$2.00
apple, orange, apple & blackcurrant

After lunch sales — \$0.50 to \$2.50

Buy at the canteen counter at lunch

Quelch icy poles half \$0.50 full \$1.00
Selection of pops, ice creams & frozen yoghurt
Vanilla light ice cream buckets (GF)
Yoghurt pops
Fruit

Birthday bucket of Quelch icy poles — \$25

Order online via Quickcliq or in person at La Cantina

Delivered to birthday child's classroom

Includes a \$5 voucher for birthday child to spend at La Cantina

Green	Homemade & healthy
Amber	Select occasionally
GF	Gluten free
GFO	Gluten free option
H	Halal
HO	Halal option