

# La Cantina

## Daily Recess Items — \$0.50 to \$2.50

Buy at the canteen counter at recess

Selection of fruit including apple slinky, Popcorn, smoothies

2-3 choices of hot food and baked items

## Daily dishes

### MONDAY

Meatball sub \$5.50  
 Beef pie (HO) \$4.50

### TUESDAY

Nachos; veg, beef or chicken \$5.50  
 Chchicken Burger \$5.50

### WEDNESDAY

Cheeseburger w/ salad (H) \$5.50  
 Sushi **5pc** **10pc**  
*chicken katsu, vege, tuna* (GF) \$5.00 \$9.00  
*chicken teriyaki*

### THURSDAY — PRE-PRIMARY CAN ORDER

Sausage roll (HO, GFO) \$4.00  
 Party pie (HO) \$2.50

### FRIDAY

Pizza (GFO) \$5.00  
*veg, ham & pineapple, ham & cheese or margarita(H)*

## Homemade Pastas, Curry and Noodles

Available every day

Twista Bolognaise (H) \$5.50  
 Butter chicken & rice (H) \$5.50  
 Chicken & veg noodles (H) \$5.50  
 Lasagne (GFO) \$5.50  
 Macaroni Cheese (H) \$5.50  
 Meatballs & Pasta (H) \$5.50

## Sandwiches, Rolls and Wraps — all GFO

Vegemite \$2.50 \$3.00  
 Salad \$4.00 \$4.50  
*lettuce, tomato, cucumber & carrot*  
 Chicken \$4.00 \$4.50  
 Ham \$4.00 \$4.50  
 Tuna \$4.00 \$4.50  
 Egg \$4.00 \$4.50  
*plain or curried*

### ADD EXTRAS

Cheese, egg or salad (*as above*) \$1.00  
 Mayonnaise \$0.50  
 Tomato sauce \$0.50

## Toasted Sandwiches

Cheese (GFO) \$4.00  
 Ham/Chicken & Cheese (GFO) \$4.50  
 Turkish melt w/ sweet chilli & mayo; tuna/chicken \$5.50  
 Hot chicken roll w/ mayo \$5.00

## Salad Boxes — all GF

Available every day

A delicious, fresh box of carrot, lettuce, tomato & cucumber, plus your choice of protein:

Chicken tenderbite (GF), Egg, Cheese, Tuna, \$6.00  
 Chicken, Ham  
*add extra tenderbite* \$1.00  
 Fruit salad small \$4.00 large \$6.00

## Drinks with lunch

Hilo Milk 225ml \$3.00  
 Hilo Milk w/ Sippah Straw \$3.50  
 Flavoured Milks; Choc, Straw, Banana \$3.00  
 Water, Juice \$2.00  
*apple, orange, apple & blackcurrant*

## Snacks with lunch

Sultanas \$0.50 Popcorn \$1.00  
 Brownie \$1.50

## After lunch sales — \$0.50 to \$2.50

Buy at the canteen counter at lunch

Quelch icy poles half \$0.50 full \$1.00  
 Selection of pops, ice creams & frozen yoghurt  
 Vanilla light ice cream buckets (GF)

## Birthday bucket of Quelch icy poles — \$25

Order online via Quickcliq or in person at La Cantina

<b>GF</b>	Gluten free	<b>GFO</b>	Gluten free option
<b>H</b>	Halal	<b>HO</b>	Halal option