

LA CANTINA

Inglewood Primary School — Term 1 — 2025

Order online: www.quickcliq.com.au
Canteen manager: Karen Boyle — 0400 800 936

Daily Recess Items — \$0.50 to \$2.00

Buy at the canteen counter at recess

Selection of fruit including apple slinky, popcorn, smoothies
2-3 choices of hot food and baked items

Daily dishes

MONDAY

Beef pie	(HO)	\$4.50
Nachos: veg, beef or chicken		\$5.50

TUESDAY

Meatball sub		\$5.50
Party pie	(HO)	\$2.50

WEDNESDAY

Chicken burger		\$5.50
Cheeseburger	(H)	\$5.50
Chicken wrap		\$5.50
<i>All with salad</i>		

THURSDAY — PRE-PRIMARY CAN ORDER

Sushi		5pc	10pc
<i>chicken katsu, vege, tuna</i>	(GF)	\$5.50	\$9.00
<i>chicken teriyaki</i>			
Sausage roll	(HO, GFO)		\$4.00

FRIDAY

Grazing box		\$5.50
<i>chicken or beef</i>		

Homemade Pastas, Curry and Noodles

Available every day

Twista Bolognese	(H)	\$5.50
Macaroni	(H)	\$5.50
Meatballs & pasta	(H)	\$5.50
Butter chicken & rice	(H)	\$5.50
Chicken & veg noodles	(H)	\$5.50
Fried rice		\$5.50

Sandwiches, Rolls and Wraps — all GFO

	Sandwich	Roll/Wrap
Vegemite	\$2.50	\$3.00
Salad	\$4.00	\$4.50
<i>lettuce, tomato, cucumber & carrot</i>		
Chicken	\$4.00	\$4.50
Ham	\$4.00	\$4.50
Tuna	\$4.00	\$4.50
Egg	\$4.00	\$4.50
<i>plain or curried</i>		

ADD EXTRAS

Cheese, egg or salad (<i>as above</i>)	\$1.00
Mayonnaise, tomato	\$0.30
Tomato sauce	\$0.50

Toasted Sandwiches below — No GFO

Turkish tuna melt w/ sweet chilli & mayo	\$5.50
Hot chicken roll w/ mayo	\$5.50

GF	Gluten free	GFO	Gluten free option
H	Halal	HO	Halal option

Salad Boxes — all GF

Available every day

A delicious, fresh box of carrot, lettuce, tomato & cucumber,
plus your choice of protein:

Chicken tenderbite		\$5.50
<i>add extra tenderbite</i>		\$1.00
Fruit salad	small	\$3.50
	large	\$5.00

Drinks with lunch

Hilo Milk 225ml	\$3.00
Flavoured milk	\$3.00
<i>chocolate, strawberry, banana, spearmint</i>	
Hilo Milk w/ Sippah Straw	\$3.50
Water	\$2.00
Juice	\$2.00
<i>apple, orange, apple & blackcurrant</i>	

Snacks with lunch

Popcorn	\$1.00
Sultanas	\$1.00
Brownie	\$1.50

After lunch sales — \$0.50 to \$3.00

Buy at the canteen counter at lunch

Quelch icy poles	half	\$0.50	full	\$1.00
Selection of pops, ice creams & frozen yoghurt				
Vanilla light ice cream buckets (GF)				

Birthday bucket of Quelch icy poles — \$25

Order online via Quickcliq or in person at La Cantina